



Phone 232-1826

IRON HORSE RESTAURANT

September Specials

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Sea Scallop Tostada Grilled sea scallops served on a tostada shell with black beans, queso fresco, grilled corn, spinach, avocado, spicy pickled Bermuda onion and tomatoes.
2 Roast Pork-Apple Quesadilla Roast pork, granny smith apple and Tillamook sharp cheddar, grilled in a flour tortilla. Served over a big salad.	3 Closed	4 Fried Catfish Etouffée Fried catfish filet topped with Cajun shrimp sauce. Served with red beans and rice.	5 Albondigas con Arroz Mexican style meatballs topped with a spicy chipotle chile-sour cream sauce. Served over yellow rice with a side of black beans.	6 Chicken Chipotle Fajita Chicken, portabella mushrooms and asparagus in a chipotle-chile sour cream sauce. Served with rice, beans and tortillas.	7 BBQ Baby Back Ribs Fall off the bone pork baby backs with chipotle-chile BBQ sauce. Served with garlic mashed potatoes and green beans.	8 Tequila Shrimp Rock shrimp sauteed in a fresh lime and tequila cream sauce. Served over white rice with a side of pinto beans.
9 Broccoli & Spinach Enchilada Broccoli, spinach, red peppers and onions simmered in a cheese sauce and rolled into a large flour tortilla. Topped with red salsa and cheese.	10 Closed	11 BBQ Pork Quesadilla Roasted pork, Southwestern bbq sauce, onions and cheese grilled in a large flour tortilla. Served with rice and beans.	12 Fried Oyster Tacos Fried cornmeal crusted oysters and mixed lettuces in flour tortillas with remoulade sauce, slaw, tomatoes and cheese. Served with black beans & rice.	13 Jambalaya Cajun shrimp sausage and chicken stew, served over white rice.	14 Chile Crusted Salmon Sautéed salmon filet in a mild chile crust, topped with a citrus sour cream sauce. Served with garlic mashed potatoes & sautéed veggies.	15 Brazilian Fajitas Steak strips, portabella mushrooms and onion, grilled in a spicy chipotle fajita bbq sauce. Served with tortillas, black beans and rice.
16 Tropical Chicken Quesadilla Chicken breast, pineapple, mangoes, jalapenos and cheese, grilled in a flour tortilla. Served with rice and beans.	17 Closed	18 Tacos al Pastor 2 soft corn tortillas stuffed with red chile marinated pork, onion, cilantro, pineapple and queso fresco. Served with pineapple salsa, beans and rice.	19 Mahi Mahi Burrito Grilled Mahi, beans, slaw, cheese and onions wrapped in a burrito drizzled with salsa cecelia. Served with Salvadoran rice & sauteed vegetables.	20 Lemon -Garlic Chicken Tacos Lemon and garlic marinated grilled chicken breast strips over greens with pico de gallo, tortillas, beans and rice.	21 Paella Large sea scallops, mussels, shrimp, chicken chorizo and fresh vegetables in a savory broth, served over saffron rice.	22 Chipotle Steak Quesadilla Steak strips grilled in a spicy chipotle sour cream sauce, folded into a large flour tortilla with jack cheese, tomato and onion.
23 Papa Medero's Pork Carnitas Slow cooked pork tacos served with salsa verde, red chile sauce, rice and special black beans.	24 Closed	25 Southwestern Chicken Salad Fried chicken breast strips over lettuce, spinach, tomatoes, roasted red bell peppers, onions, jack cheese and cactus salad with a side of chipotle ranch.	26 Chorizo and Potato Burrito Chorizo sausage, potatoes, bell peppers and onion in a mild red sauce, wrapped in a flour tortilla and topped with jack cheese.	27 Cuban Style Chicken Breast Grilled chicken breast topped with mango-banana salsa, served with black beans, yellow saffron rice and fried plantains.	28 Coconut Shrimp Coconut fried shrimp with grilled pineapple and a mango dipping sauce. Served with black beans and rice.	29 Mexican BLT Grilled quesadilla with thick sliced pepper bacon, avocado, tomato, onion and cheese, served over a large mixed green salad.

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